

# REHAB

## Packing List

### Essentials

- Prescription medications
- Small amount of cash
- Credit or debit card
- Insurance cards
- ID cards
- Journal/notebook
- Reading material

### Clothing

- Underwear
- Socks
- Comfortable shoes
- T-shirts
- Sweaters
- Pants
- Jackets
- Shorts
- Belts
- Swim suits
- PJ's
- One or two smart outfits

### Toiletries

- Deoderant
- Toothbrush
- Toothpaste
- Shampoo
- Conditioner
- Shaving products
- Feminine products
- Comb/brush
- Sunscreen
- Lotion

### Identification Cards

- Passport, driver's license, or state-issued ID
- Prescription card
- Pharmacy card
- Health insurance card

